



# Government Degree College Kargil

Bagh e Khomeani Kargil, Ladakh Kargil-194103

## ACTIVITY REPORT

### An Awareness Program on World Suicide Prevention Day (Theme: Changing the narrative on suicide) was observed in Kargil.

<b>Date</b>	September 11, 2025	<b>Category</b>	Academic
<b>Department</b>	Department of Psychology	<b>Committee</b>	N/A

Department of Psychology in collaboration with District Health Society Kargil, conducted an awareness program to mark World Suicide Prevention Day at Syed Mehdi Memorial Auditorium Hall Kargil. The event aimed to raise awareness about mental health issues and identifying the warning signs and to promote strategies for Suicide prevention in the community.

The program was graced by Shri Imteeaz Kacho, Additional Deputy Commissioner Kargil, as the Chief Guest.

Dr. Liyaqat Ali Khan Kacho attended as the Guest of Honour. Religious leaders Sheikh Asgar Zakiri, representing AJUIAK, and Sheikh Sadiq Rajayi, Chairman IKMT, also participated emphasizing the importance of community and faith-based efforts in addressing mental health concerns.

The event began with a welcome address by Dr. Fatima Nissa State Liaison Officer and Nodal Officer Mental Health Kargil, who highlighted the need for collective action in preventing suicide and promoting well-being.

This was followed by a detailed presentation from Dr. Murtaza Ali, MBBS, MD Neuropsychiatrist, who shared his insights on suicide prevention, early warning signs, and strategies for intervention to help vulnerable individuals.

Adding a cultural and emotional dimension to the day, the students of the Department of Psychology, GDC Kargil, presented a soulful song on mental health awareness. A powerful skit on suicide prevention was performed by the Theatre Group "Rantak" Kargil capturing the audience's attention and conveying the importance of empathy and timely support.

Students from Girls Higher Secondary School and Boys Higher Secondary School Kargil also actively participated in the program, underscoring the engagement of youth in mental health advocacy.

The session concluded with a formal vote of thanks, appreciating the contributions of all dignitaries, participants, and volunteers for making the event impactful.

The program emphasized the urgent need for open conversations, community support, and professional guidance in tackling the challenges of me

### Photo Gallery (5 Photos)

